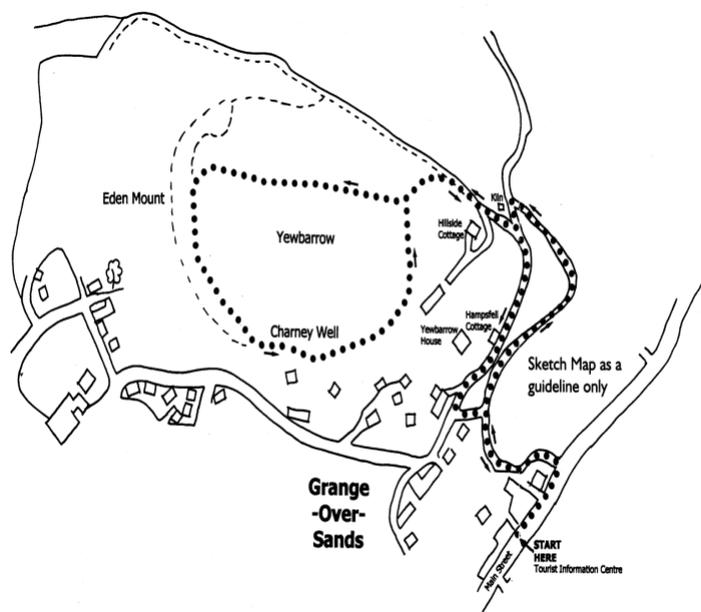


Grange-over-Sands

Walk through Yewbarrow Woods

A short walk through deciduous woodland and limestone outcrops with stunning Morecambe Bay views towards Holme Island and Arnside to the East and Humphrey Head to the South.



Approx 1 ½ hours

Allow 1 hour

The walk is not advisable in wet conditions as the limestone and leaf mould becomes very slippery. Strong shoes or boots are advisable, at all times. The walk includes some steep sections.

Walkers should judge conditions and equipment in relation to their experience and abilities.

Leaving Grange-over-Sands Tourist Information Centre, turn LEFT and proceed down the hill. Take the first footpath on the LEFT, signed "Hampsfell Road Car Park." Continue up the path through the wooded area, bearing RIGHT at the first two forks and then LEFT further along to follow the iron fence. Where the fence begins to turn to the right, fork LEFT, alongside another fence to your left, and continue on the path uphill joining Hampsfell Road at a wide gate.

Having gone through the gate, turn LEFT, passing the ivy covered Lime Kiln on your right, take the next RIGHT turn, signed "Charney Well, Yewbarrow Road". Follow the lane up the hill. As the road finishes continue straight ahead to the wooden fence and gate on your LEFT, leading into the woods. Take the LEFT hand path leading uphill. At the 'T junction turn RIGHT following the blue arrows up through the woods to a 'T' junction. Turn LEFT following the red arrow to a red Viewpoint sign. At this point turn off the path to your RIGHT for a short distance, to view a superb, southerly view across the town, Humphrey Head and Morecambe Bay.

Returning to the path, continue down hill following the red signs to just below a flight of stone steps. Turn LEFT following the Green arrows.

Veer LEFT again as the yellow route joins the Green route, keeping some houses to your right.

Continuing along the path, pass under sections of the limestone escarpment, (take care - this can be a particularly slippery area). Following the Green and Yellow arrows now, follow the path around to the LEFT and then to the RIGHT to rejoin your original path, back to the woodland gate.

Retrace your steps back to Hampsfell Road where you will turn RIGHT, following the Road downhill towards the town centre. To the LEFT you will view sites across Morecambe Bay to the East, Holme Island and Arnside. Before reaching the town centre turn LEFT onto a footpath signed "Main Street". At the 'T junction turn RIGHT to rejoin your original route and continue down the hill back to Main Street.

WWW.GRANGEOVERSANDS.NET

Tourist Information: 015395 34026